



News from

# SUNDAY BREAKFAST MISSION

Your Prayerful Support Will Help Others



## COMING SOON

Let's look forward to the **Back-to-School Backpack Rally!** Wait, you say, spring has just begun, we have not even come close to summer break. While those things are true, plans need to be made well in advance. So, here we are making plans for the August Back-to-School Backpack Rally.

Since 2012 Sunday Breakfast Mission has been hosting the back-to-school event. In the course of this time, thousands of children have received the

school supplies they may not have otherwise been able to receive. Any tradesman knows that having the right tools for the right job makes the task so much easier. This same principle applies to a child's schoolwork. Having the right supplies makes the task just a little more enjoyable. (Algebra is still a challenge even with a good pencil.)

See **RALLY**, Page 8

## A Step Towards Independence

Helping the homeless turn their lives around is why Sunday Breakfast Mission exists. Men and women come from all walks of life to SBM for restoration and a chance to begin again. We are here to help them, train them, and send them back out again as independent people to make a difference in their world. This is not a quick fix or a simple process. The people who join our program are here for the long haul of life rebuilding challenges and opportunities.

When a person enters the New Life Discipleship Program, they are known as a resident. They live and work at SBM while in the program. They receive 3 meals a day, sleep at the mission, and have a job at the



Rohan

See **INDEPENDENCE**, Page 8



REV. TOM LAYMON

# FIND HOPE

ON WINGS OF THE MORNING

SUNDAYS  
@7:45 AM

**WDEL** 1150 AM  
101.7 FM  
DELAWARE'S NEWSRADIO

# A day in the life

## Value in consistency

Some people thrive on constant change and fluctuation; others cannot function without consistency and order. At Sunday Breakfast Mission there is a little of both. However, consistency and routine play a big part in helping the men and women in the New Life Program.

There is value in routine. Routine allows for planning and setting expectations. Routine assures us that tasks that need to be accomplished get accomplished in an orderly fashion. Routine helps to build discipline.

A typical day at the mission starts with a 5:15 am breakfast for the overnight guests. This early start can be a little challenge, but it is necessary for the entire day to move smoothly. By 6:00 am the overnight guests have left, and it is time for the New Life Program residents to have their breakfast. Before 7:00 am some early morning chores have begun.

There is a break at 7:30 am for morning chapel. Every morning one of the mission staff provides an encouraging or thought-provoking message from Scripture. Often you can hear the men singing during this short chapel time.

By 8:00 am it is time for the first class. These class titles include God's Promise, Transforming Grace, Why Go to Work, Study in Ephesians & Colossians, Study in 1 & 2 Corinthians, Modern Cults, plus other topics. All the classes are designed to help the program participants break old bad habits, gain new good habits, and look for the future.

Once the classes are finished it is time to finish the



chores. The bathrooms need to be cleaned, sheets and towels need to be washed, floors need to be mopped, and the next meals need to be prepared. All these tasks are in preparation for the next group of overnight guests.

By 3:30 in the afternoon the guests with mobility issues will be coming in the doors to get their bed assignment and shower before the rest of the crowd. Then shortly there after evening meal is served.

This is the basic schedule day after day. A routine that has been followed for several years. A routine that provides consistency and stability. The participants know what will happen in a day and know what is expected of them. We can also be sure that the mission is able to fulfill its purpose. People will be served in a neat and clean environment, clean towels and sheets will be available, and food will be ready on time.

This routine also leads to the opportunity to share the Gospel. When physical needs are met, an individual is better able to hear and receive the message of salvation. It is the power of the gospel that changes lives.

You can be part of this routine by helping to serve a meal, by distributing a food box, or by providing the necessary funds to keep the lights on and laundry facilities operational. We would appreciate your involvement. Please contact us to learn how you can help.



Photo taken by Scott Strebbe

## Mentioning the Unmentionables

Sunday Breakfast Mission works every day to meet the needs of many people in our community. An often overlooked but essential item is underwear. Each night, approximately 100 people come through our doors, primarily seeking food and shelter. Taking the next step by providing new, clean underwear for anyone who needs it can make someone's life a little more comfortable.

You can be part of the solution by donating new men's and women's underwear in all sizes and styles. Women need underwear and bras. The feedback we received was that the ladies prefer standard bras not sports bras. Having fresh, clean clothing can help the men and women we serve feel more comfortable and dignified. It can also help them be more open and receptive to the guidance and support that we offer. Meeting this simple need removes one more distraction from their lives.

You understand the needs within your own family, and the men and women at Sunday Breakfast Mission have those same needs. Just like in your family, our guests come in all shapes and sizes. The items can be shipped or brought into 110 N Poplar Street Wilmington, DE 19801.



Photo taken by Scott Strebbe

## Special Connection



The Delaware Blue Coats have been dedicated supporters of the Sunday Breakfast Mission for many years, consistently giving back to the community through meaningful outreach efforts. During the winter months, they participate in a coat drive, helping to provide warmth and comfort to individuals in need. In the summer, their commitment continues through their support of the Alazar Basketball Camp, where they help create opportunities for youth to develop skills, build confidence, and stay engaged in positive activities.

# Countdown to Fun

## ALAZAR BASKETBALL CAMP

### June 22-26, 2026

Another year has come around, and it is Alazar's Basketball Camp time again. Since 2014 Sunday Breakfast Mission has been serving the community through this unique avenue. Each year children ages 9-11 come to hone their basketball skills or learn for the first time. The past few seasons there have been between 50-70 children involved each week.

This year, once again, Coach David will be running the camp. Currently he is the Athletic Director of a Christian school in the region. His school's basketball team had another winning season with a record of 17 wins-5 losses. He also runs multiple summer basketball camps each year. We are thrilled to have him again this season.

There is a great list of sponsors that help keep the camp moving. The Boulden Brothers have been providing HVAC, plumbing & electrical services in Newark, DE and surrounding areas for about 60 years. They have been a business sponsor of Alazar's Basketball Camp for

several years. Their financial support is greatly appreciated. We also have great sponsors providing lunch. **The Well** in Hockessin, **Chick-Fil-A** in Bear, **Qdoba** and **Pat's Pizza** of Wilmington are all providing lunches for this group of hungry campers throughout the week. We could still use a little help. Your sponsorship would go a long way in benefiting these young players.

You can be part of this exciting opportunity through participation. Camp coaches are still needed. We are looking for men & women that have basketball skills to share and enjoy working with children. Coaching staff as young as rising high school seniors are eligible. If you are a high school or college student, this opportunity would provide great practical experience. Those beyond college age are welcome too!

If you cannot be part of the camp through sponsorship or participation, you can be part of the camp through prayer. Each day there is a short devotional that shares how Biblical principles apply to life along

with a presentation of the gospel. You can pray for the staff to accurately and clearly share the gospel through actions and words plus pray for the students as they see and hear.

For more information on how you can participate, call 302-652-8314 or write to [bdavison@sundaybreakfastmission.org](mailto:bdavison@sundaybreakfastmission.org) or [kboswell@sundaybreakfastmission.org](mailto:kboswell@sundaybreakfastmission.org).



# Working Towards a Bright Future

Justin was born outside Cleveland to a military family. Soon, the family moved to Trenton, NJ where he spent most of his formative years. Early in his twenties Justin moved to Philadelphia. It was easy to get around in Philadelphia due to public transportation and even though Justin had a full-time job, he found that he could not keep up with his bills. Tragedy struck when the place where he was living was sold and he had to leave his home. As he entered his thirties, Justin moved to Claymont to be near his sister. Justin found work as a cashier at the Wilmington train station. Justin was a dedicated employee, getting up early every morning to walk 2 ½ hours to work! Although working hard, it was still difficult to keep up with his bills and in December of last year he lost his home for a second time. Desperate for help, Justin went to social services to find help and found that Sunday Breakfast Mission was just down the street from his job at the train station. Justin applied and was accepted into the program right away and so became a resident at SBM in December.

At first, the adjustment was difficult, being used to living on his own, coming and going as he pleased to now live in a structured environment. Although he grew up in a Catholic home and was even a choir boy, the plethora of faith-based services was new to him. Like many youths, other things began to take priority, so it had been quite some time since Justin had attended religious service regularly. Since leaving Philadelphia, Justin had a difficult time finding a church where he felt comfortable even though he continued to attend mass on holidays. Over time, Justin became comfortable with the repetition - getting up early was never an issue for him and since he had previously worked in a kitchen, he fell



into this routine of being on the kitchen staff easily. By the end of the day Justin is exhausted and likes to unwind reading or listening to the radio.

Justin is hopeful for his future. He knows that all the good things in life come to him because of Jesus and every effort he may make to move forward will amount to nothing without his faith in Christ. Justin has set his eyes on getting his finances in order and finding a new job. Justin says that the program at SBM is great and while he is here, he is giving it his all to get the most out of the program. Justin appreciates the roof over his head, food, clothing and his health - he states emphatically that he has nothing to complain about. Justin is convinced that if you stay on the path with Jesus then everything will work out for the good.

## LOOKING AHEAD



### BASKETBALL CAMP

**June 22-26**

Need coaches

(men & women going into 12th grade or older)

### BACK TO SCHOOL RALLY

Help packing/sorting back packs  
(schedule a July date)

Needs wish list:

<https://a.co/0028gcMu>



### BACK TO SCHOOL RALLY

**Aug 9** (Saturday 9a-Noon)

### FOOD BOX PACKING

Help packing/sorting food for boxes  
(schedule an October date)

### FOOD BOX CALL IN DAY

**November 2** (Monday) or **November 4** (Wednesday)

Help needed to answer phones and take registrations only 2-3 people

### EVANGELISM TRAINING

**November 19** (Thursday)

5-7pm dinner included - all invited

### FOOD BOX DISTRIBUTION

**November 23 & 24** (Monday & Tuesday)

Help needed with counselors and physical labor



### THANKSGIVING DAY

**November 26** (various times)

### CHRISTMAS SHOP

**December 16, 17, 18**

9a-4p (various times)



## The Generosity You Didn't Know You Could Afford

It's never easy being the new kid. And when you're a "military brat," you're the new kid every couple of years. In the 1980s, one of those kids found solace in the pages of \$1 comic books he purchased on base. Recently, just six books from his carefully preserved collection were valued at approximately \$20,000, with the potential to increase even further.

Research shows that about 90% of wealth is held in valuables like these, known as appreciated assets. Did you know you can turn them into a legacy of changed lives?

**First, let's define our terms. What are appreciated assets?** Appreciated assets, sometimes called non-cash assets, are any items of increasing value. This includes personal property, such as artwork, collectibles, cryptocurrency, stocks, bonds, mutual funds, and real estate.

**What's the benefit of giving appreciated assets?** Donating items of value to a ministry you love can help you reduce or eliminate capital gains tax when you transfer part or all the assets to the organization before the sale. The ministry can then sell the assets without any tax consequences. You may also receive a tax deduction, essentially increasing the amount you're able to give.

**How can my appreciated assets make a difference?** Whether you donate them now or as part of your estate plan, giving items under your stewardship to ministries like Sunday Breakfast Mission will impact the people and communities we serve. Plus, your generosity can encourage others to do the same.

You can change lives with the treasures you've been tending.

For the full version of this article, request a FREE copy of "One Man's Trash Turns Out to Be Treasure!" by contacting Rev. Tom Laymon at (302) 656-8542, ext. 103 or [tlaymon@sundaybreakfastmission.org](mailto:tlaymon@sundaybreakfastmission.org) - Visit [sundaybreakfastmission.legacywill.org](http://sundaybreakfastmission.legacywill.org) to bless your family with an up-to-date will



## Rising Costs

Just like you, we have been impacted by rising utility costs. With so many people in our facility, the need for showers, laundry, and meal preparation continues to grow as we care for everyone.

Your ongoing support is more important than ever. Please consider donating today.



<https://sundaybreakfastmission.org/give>

## Worth Mentioning

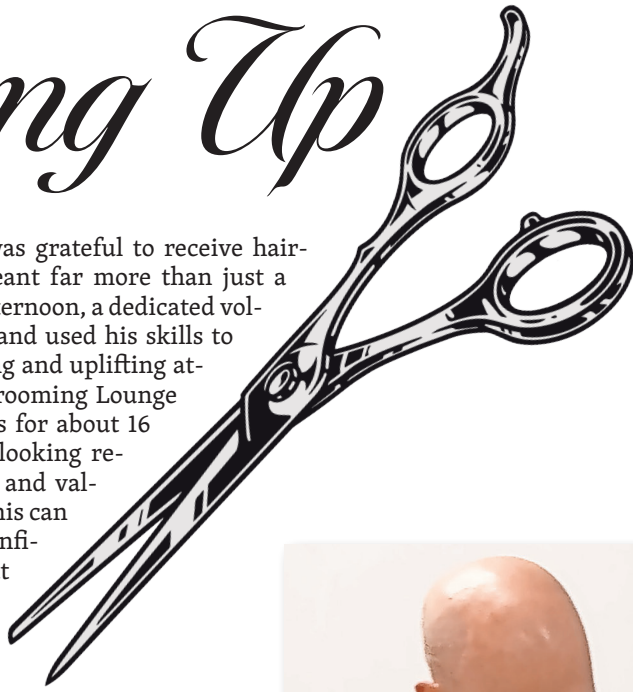


WSFS supports Sunday Breakfast Mission in many meaningful and hands-on ways, demonstrating a strong commitment to serving the local community. Recently, a dedicated group of WSFS volunteers came together to prepare fresh ham and cheese sandwiches, putting care and intention into each one. After assembling the meals, they personally delivered them to the Mission just in time to be served, ensuring that those in need received something nourishing and thoughtfully made. This simple yet impactful act of kindness was truly a blessing for individuals experiencing homelessness, as well as for residents seeking shelter and stability at the Mission. Moments like these highlight how small gestures, when done with compassion, can make a significant difference in the lives of others.

*Thank You!*

# Shaping Up

Recently, the men's program was grateful to receive haircuts, an act of kindness that meant far more than just a simple trim. On a quiet Sunday afternoon, a dedicated volunteer generously gave his time and used his skills to serve others, creating a welcoming and uplifting atmosphere. Mark, from Trolley Grooming Lounge in Wilmington, provided haircuts for about 16 men, each one leaving not only looking refreshed but also feeling renewed and valued. Small moments of care like this can have a powerful impact, boost confidence and remind everyone that they are seen, supported, and appreciated.



## A Helping Hand

Sunday Breakfast Mission is blessed with many dedicated volunteers. Without their support, events like the Alazar Basketball Camp in June, the Back-to-School Rally in August, the

Christmas Shop in December, and our largest event, the Great Thanksgiving Banquet—would not be possible.

We are also grateful for volunteers who assist with Food Box distribution

on the second and fourth Saturdays of each month, as well as during the days leading up to Thanksgiving. Others faithfully serve at our daily community meals, helping in the kitchen and serving food to more than 100 men, women, and children experiencing homelessness.

In addition, volunteers contribute behind the scenes through administrative support and by working at

Urban Vintage, Sunday Breakfast Mission's thrift store. We are especially thankful for those who provide special treats, such as sandwiches or hot meals, to nourish those in need.

Each act of service makes a meaningful difference in the lives of others. We truly could not do this work without our volunteers.

# A Treasure Awaits

Have you visited Urban Vintage recently? Located just a few blocks from Sunday Breakfast Mission, this unique store offers more than great finds—it supports the community.

Individuals who come to the Mission can receive vouchers for free clothing. Men and women participating in the New Life Discipleship Program are also able to get clothing at no cost. In addition, the store serves the wider community by offering affordable clothing, furniture, household items, and more.

Proceeds from Urban Vintage support several vital efforts. They help create opportunities for New Life Discipleship Program graduates as they transition to independent living. They also provide work opportunities for current residents, helping them rediscover the value and dignity of work. At the same time, the store ensures access to affordable goods for the community.

You can be part of this impact. Donate your gently used clothing, shoes, furniture, household items, tools, and more—or stop by and shop. You're sure to find something you can use, and every purchase is an investment in someone's life.

Come visit Urban Vintage and be part of sharing Christ, serving the community, and supporting those in the New Life Discipleship Program.

**HOURS TO SHOP AND DONATE**  
**GENTLY USED ITEMS:**  
**TUESDAY TO SATURDAY**  
**11:00 am to 4:00 pm**

**LOCATION**  
**500 W. 2nd St.**  
**Wilmington, DE 19801**

**PHONE: (302) 477-7495**



Clothing for Men and Women



Clothing, Books, and Items for children



Fridge



Dining Room Items



## RALLY

Continued from page 1

**You** can be a positive part of a child's education. **How?**

- By providing supplies prior to the event (list below)- *Items needed by July 18, 2026*
- By scheduling a small group to help organize and pack the supplies
- By volunteering on the day of the event to help with distribution



Let us know how you can help.

Elementary School	Elementary & Middle	Middle School	
15 -inch Back Pack	Pencil Pouch	17-Inch Back Pack	Sharp Scissors
Glue Stick	24 Pack of Pencils	Pens	Mechanical Pencils
Washable Markers	Ruler (with in & cm)	2" 3 Ring Binder	Glue Sticks or Washable Bottled Glue
Blunt scissors	Tissues (travel size)	Colored Pencils	College-Ruled:
Wide-Ruled:	Highlighter	Pocket Folders	•Composition Books
•Spiral Notebook	Large Eraser	Tab Dividers	•Spiral Notebook
•Composition books	Earbuds		•Notebook Paper
•Notebook Paper	Pencil Sharpener		
	Cap Erasers		

## INDEPENDENCE

Continued from page 1

mission. They also take classes and counseling. Residents at Sunday Breakfast Mission come from all walks of life. There are residents who grew up locally. Others, like Rohan, started their lives in another country. Younger or older, local or international, they all come with the same needs - a place for stability, healing and a fresh start. Many struggled with joblessness and addiction. They all share a hope for the future - to be a working, productive member of society, living independently and contributing positively to their families and neighborhoods.

Sunday Breakfast mission values the residents and gives them a sense of their inherent value and worth. Through meaningful work and educational classes, they begin to see

beyond their past and have a bright hope for their future. Even though he was homeless at 18, Rohan applied to night school to earn his high school diploma. Rohan has a vision for his future. He not only wants to graduate from the New Life Discipleship Program, but he also desires to continue his education into forensic science.

Rohan is well on his way to achieving his goals. Life at the mission is not always comfortable for men who want to make their own way. But grace and humility prevail as they see the fruit that is being birthed in their lives through their commitment to the New Life Discipleship Program. Not only is SBM helping these men to find restoration and integration back into society, but they are also building their faith. They know that they cannot do this on their own and strong faith in Jesus will help them to find success and thrive.



Sunday Breakfast Mission serves the homeless, addicted, and impoverished through Christ-centered programs to meet their spiritual, social, and physical needs. Our primary goal is to restore people to right relationships with God, their families, and society.

110 N. Poplar Street Wilmington, DE 19801

P.O. Box 352 Wilmington, DE 19899

(877) 306-4663

[sundaybreakfastmission.org](http://sundaybreakfastmission.org)

Follow us on:



scan to donate



## Sunday Breakfast Mission Donation Form

Here's my tax-deductible gift to help Sunday Breakfast Mission bring shelter, nutritious meals and life-changing recovery programs to the homeless and impoverished of greater Wilmington and lower Delaware Valley.

\$25  \$50  \$150  \$200  \$ Other Amount

Check Is Enclosed  Please Charge My Credit Card

Card Number \_\_\_\_\_ EXP. Date \_\_\_\_ \ \_\_\_\_

Security Code \_\_\_\_\_ (On Card Reverse)

Set me up as a Monthly Donor and Charge my Credit Card

\$ \_\_\_\_\_ each month.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

**YOUR GIFT IS TAX DEDUCTIBLE. YOU WILL BE SENT A RECEIPT FOR YOUR RECORDS. PLEASE MAKE CHECK PAYABLE TO SUNDAY BREAKFAST MISSION**

To designate your United Way giving to Sunday Breakfast Mission, use **United Way code: 9141**