

### News from SUNDAY BREAKFAST MISSION

Your Prayerful Support Will Help Others

### You Sent Hundreds of Kids Back to School Excited!

Rally meets needs of children in impoverished communities

THANK YOU BACK TO SCHOOL RALLY SPONSORS

Saturday Aug. 10 was an amazing day! For close to 22 years Sunday Breakfast Mission has been hosting its annual Back To School Rally to meet the needs of impoverished children and families in its community.



See **RALLY**, Page 8

### 68











### Sunday Breakfast Mission Reaches More Than Just Wilmington

Annually, during the fall season, Sunday Breakfast Mission (SBM) hosts its "Great Thanksgiving Food Drive" sponsored by WSFS Bank. Over 1,400 impoverished families are blessed with a Thanksgiving Food Box for a family of four filled with enough groceries to provide a bountiful Thanksgiving feast and much more!

SBM's Great Thanksgiving Food Drive and distribution days provide not just families in the surrounding Wilmington area with help for the

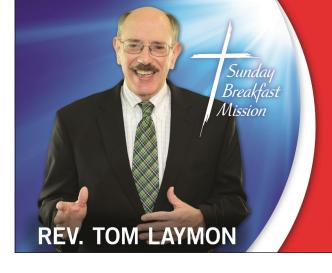
holidays, but families as far as Kent and Sussex counties are also blessed by your generous donations of nonperishable food-items. It truly is a miracle how friends and donors just like you, rally around our hurting and hungry neighbors to make sure families' needs are met with compassionate care and are afforded the opportunity to partake in such a monumental celebration as the day in which we give Thanks!

Proud Sponsor of the GREAT THANKSGIVING FOOD DRIVE 2024

WSFS | CARES Foundation

Providing nutritious meals brings smiles and hope to hearts!

See **FOOD DRIVE**, Page 8



## FIND HOPE ON WINGS OF THE MORNING

SUNDAYS @7:45 AM



### Urban Vintage

Clothing – Household Items – Furniture Tuesday to Saturday – 12 pm to 6 pm

# YOU need to see what's happening at Urban Vintage!

Urban Vintage is the thrift store arm of Sunday Breakfast Mission. It is located on 2nd and Washington at 500 West 2nd Street, Wilmington. When you visit the store and purchase some of its great items you help support the work of directing people to Christ centered programs that assist in meeting their spiritual, social, and physical needs.

Urban Vintage has the opportunity to serve the community by giving clothing to people in need who come into the Mission. They receive a voucher for a few articles at no charge. Urban Vintage also serves

the men and women in the New Life Program who are able to receive clothing at no charge. The store serves the rest of the community by providing low cost clothing, furniture, housewares, and more.

The proceeds of the sales serve several critical functions, including providing opportunities for the New Life Program graduates as they transition to independent, addiction-free, living; opportunities for work-therapy as our New Life Program residents relearn the importance and value of work; access to affordable goods for the community; and diverse revenue streams for Sunday Breakfast Mission operations.

You can be a part of this piece of the Mission by donating your gently-used clothing, furniture, housewares, tools, etc. You can also participate by visiting the store. You will definitely find something you can use. By making a purchase at Urban Vintage you will be making an investment in someone's life.

Come to Urban Vintage! Be part of sharing Christ, serving the community, and enriching the New Life Program participants.

**NOTE**: Donations of furniture, housewares & clothing accepted at this location!

500 W 2nd St, Wilmington, DE 19801

For more information on pickups call Doug: 302-477-7495 x401



### **New Face to A New Approach**

**REV. LAYMON:** I am here with Reverend Ben Duffy, who spent many years being a missionary in various countries in the Middle East. I don't know all the history, but in between some of those, he was also a missionary to the city through Sunday Breakfast Mission. He has since returned and rejoined this mission field assisting men in a new position here. It's not a new work that we're doing but a new position for the work of Aftercare. Aftercare is the work that's done for the resident men and women who have gone through our discipleship program. Welcome, Ben.

**REV. DUFFY:** Thank you so very much.

**REV. LAYMON:** We are talking to him today about Aftercare. Since, Aftercare counselor is a new position for you and with us can you explain?

**REV. DUFFY:** Well, Aftercare is basically a six to ninemonth period of transition. We hope to have these men on their own, outside of our facility and maintaining their lives. We would like for them to maintain holistic health, be involved with the Church, involved with their jobs, and involved with society outside.

**REV. LAYMON:** It also involves them reconnecting with family?

**REV. DUFFY:** Yes, it does. I mean, the relationships which these men had when they came into our program were usually burned. They had a lot of distrust with their families about helping them because they seemed to take advantage of their family members. Now that they're stepping out of here the real reconstruction of those relationships that can take place along with the opportunity to even develop a witness to friends and family.

**REV. LAYMON:** We have usually anywhere from a few, even upwards of a dozen men in various stages of Aftercare. And of course we have women, as well, who do Aftercare. About how much time per week do you spend with each one of those men who are in Aftercare?

**REV. DUFFY:** Well, I usually spend an hour with them as they have other responsibilities like work along with other things that come into their lives. So, I try to

concentrate on one hour along with seeing them during the week. Also, I meet with them to just continue to be friendly and encourage them.

**REV. LAYMON:** Do they immediately find work or how does that work?

**REV. DUFFY:** It depends on the individual in terms of what type of background they have. It also depends on whether they have a high school education, a driver's license, or any particular skill. Then, employers would be interested in them. The steps that we take with them are to get them involved with putting their resume online through a search engine like Indeed or others, contacting the local companies that they know about and encourage their efforts to reconnect with these companies until something is offered to them.

**REV. LAYMON:** You know, couldn't these men do this totally on their own and outside of the Mission? Why do they need to be here?

**REV. DUFFY:** It's the reassurance they receive that they can succeed relying on what they have learned about the Lord Jesus Christ here. We help them and encourage them to put on the Lord Jesus Christ in action as they're looking for a job and trusting the Lord for a job and trusting to be able to move ahead. There could be a lot of fears that they have.

**REV. LAYMON:** The men you're working with, typically, are what, the average, about 40?

**REV. DUFFY:** They range in age from late 20's to 60.

**REV. LAYMON:** You talked about the fact that they're living their Christian life out into the world. Maybe for the first time for most of them.

**REV. DUFFY:** Right. One of the issues about Aftercare that is a big challenge for me is seeing that they are actively staying in touch with all the teaching that they have gotten. It's important they don't get away from it, because they're not being taught every day in the class.

**REV. LAYMON:** So, with these men, we teach them that they have to put off their old man and put on the new man. Then before they graduate, they begin to



reconnect or understand how they can reconnect their relationships.

**REV. DUFFY:** That's the expectation and the encouragement that we can give them. It's a challenge to get them to see how to walk as an adult. It's like adulting a teenager because many of them, as you know, sort of stopped growing emotionally. However, now they're trying to step into real life and it's not easy.

**REV. LAYMON:** Many of these men have debts from their previous life. It's oftentimes a matter of shame for them. They have responsibilities that they need to care for. How is it that working with them to work through those kinds of issues?

**REV. DUFFY:** Take them one at a time. There are discussions in which we deal with relationships with former wives or children that are estranged from them. It can be messy, and you must come into it with a comforting, encouraging and nonjudgmental heart. You need to climb into their messiness and talk about how that might be resolved.

**REV. LAYMON:** Well, Ben let's finish this off with a word of encouragement about your work within Aftercare with the men.

**BEN DUFFY:** I so enjoy it. These men are in my life and I'm in their lives. We talk about things of the heart, and things of practical purposes. So, I come away every day encouraged that I'm able to be part of the Sunday Breakfast Mission as the Aftercare counselor, and I look forward to working with these men in the coming days.

**REV. LAYMON:** Thank you so much.



### Thank You ARTESIAN WATER

LT. STEVE JOSWICK,

Customer Development Coordinator of Artesian Water, REV. TOM LAYMON SR. PASTOR, President/CEO of SBM, CHRIS HOGENMILLER, Executive Assistant of Artesian Water

### New "Digs" for the Discipleship Program

If you have been following some of the current Sunday Breakfast Mission news, you most likely have read or heard about the renovation that is in progress. The resident

men's accommodations have been completely finished!! A number of months ago we shared some artistic rendering of the rooms. Now we can show you actual pictures.

We are extremely grateful to God for providing generous families and church groups to furnish these 13 rooms. Instead of all the men being in one large dormitory room there are now two smaller dormitory style rooms plus 13 individual rooms for the men in the final levels of the program and graduates that are transitioning out of the Mission.

To continue the project, the overnight dormitory is in the process of being renovated. The former resident space is being refurbished along with an entire new bathroom for the overnight men.

The original bath was well worn and served for many years. This renovation will allow more men to dwell in a more comfortable space. It is exciting to see the progress of this project.

One more piece to this project will begin after the overnight dorm is complete. It is a renovated area for the new men who join the New Life Program. Currently they have their own little partitioned area adjacent the overnight dorm. The new space will give them a much better environment to be able to adjust to the new life they want to live.

#### AND MORE!

Some time ago four houses were purchased on Second Street, right next to the Mission. A number of issues which seriously delayed the project but, **FINALLY progress is being made!** Currently all four houses are being renovated. One of the many parts of this project was demolishing the original chimney in one of the houses. This was a slow brick by brick, floor by floor, roof to basement job. A lot had to be taken apart before anything could be put back together. When this is finished, all four houses will have new plumbing, new electrical, and new heating & AC along with all the other new parts that come with renovations.

Once completed the houses will be able to accommodate Aftercare II men and women as well as interns in short term housing.



Men's Aftercare Room





Men's Level 1 Dorm

Men's New Overnight Showers

Men's Level 2 Dorm





Men's Level 3 Room

### Sunday Breakfast Mission

Need a speaker
for your next
event or
community
project? Would
you like to learn
more about how
Sunday Breakfast
Mission serves
the homeless,
hurting, and
hungry in
Wilmington?

We love to share about what God is doing here at SBM to help men, women, and women with children. They are having their needs met and experiencing restoration in their relationships with God, family, and society.

**CONTACT BRUCE DAVISON**bdavison@sundaybreakfastmission.org

https://sundaybreakfastmission.org/ who-we-are/request-a-speaker

> 110 N Poplar St. Wilmington, DE 19801 **302-652-8314**

# SET YOUR CALENDER! LIST OF UPCOMING EVENTS:

- OCT. 7 FOOD DRIVE KICK-OFF

  NOV. 4 FOOD BOX CALL-IN DAY

  NOV. 21 EVANGELISM TRAINING AT 5 PM

  NOV. 25 SBM FOODBOX
- NOV. 26 SBM FOODBOX DISTRIBUTION DAY

**DISTRIBUTION DAY** 

NOV. 28 GREAT
THANKSGIVING DAY
BANQUET AT 12 PM





# TRADE or GIVE?

Consider the impact your old car can have on a SBM graduate before you decide to trade it in.

At Sunday Breakfast Mission we want graduates of our program to be successful as they re-establish employment relationships that will enable them to become financially independent once again. Holding down a job is essential and to do that they must be able to get to work and get there on time. That is one reason why YOUR donation of cars is so important to our goal of financial independence for graduates. With more vehicles, we can not only help graduates, but the impoverished in our community. So when we can, we supply vehicles at a price that makes sense to their situation and in special cases, for nothing at all.

If you happen to own a vehicle for which you no longer have a need, please, pray about donating it to SBM instead of trading it in. You not only get a tax credit for such donations, you return the dignity, independence, and a sense of self-worth to men and women who are struggling to rebuild their lives.

877-306-HOME for details.



FOR INVESTING **IN ALAZAR** BASKETBALL CAMP!



June 24-28 was a great week at Alazar Basketball Camp. There were about 70 children ages 9-11 who attended throughout the week and over 30 boys and girls received Christ as their Personal Savior. The event would not have happened if it were not for a great group of volunteers. The coaches and support volunteers faithfully arrived and worked with the students to give them a fantastic educational experience and a lot of FUN.

A **big thank YOU** is also given to Boulden Brother's for sponsoring the camp and the local area businesses that supplied lunch each day and great prizes for the

Of course **YOU** had a part in this as well. Without your continued financial support programs like this are possible.

### A Testimony on How Volunteers Make an Impact at SBM!

As a young girl of 12 years old Mrs. Hazel accepted the Lord Iesus Christ as her Savior. She was involved in church and knew she needed her own personal relationship with Jesus. Growing up on the East Side of Wilmington she had learned about Sunday Breakfast Mission. As she was taking classes at Del-Tech she was in need of service hours to put her learning into practice.

Mrs. Hazel decided to reach out to Sunday Breakfast Mission to fulfill the service hours required for school. She had been reading about SBM goals and how many people they were helping, and she wanted to be a part of this great work.

Mrs. Hazel first started prepping food in the women's kitchen and since has served at various events like Alazar Basketball Camp, Back to School Rally and Thanksgiving Food Box Distribution. Mrs. Hazel continues to make an impact in the Projects & Development Office on a weekly basis with administration duties. What started as a requirement over 3 ½ year ago has become a watering well of love, compassion and kindness to those in most need.

> Thank YOU, Mrs. Hazel, for your impact at SBM.

Find out here how you too, can have a personal relationship with Jesus!



**COME JOIN** THE FUN THIS THANKSGIVING!

**Sponsorship Opportunity for The Great Thanksgiving Banquet** 

Our Great Thanksgiving Banquet always has room for one more: one more volunteer and one more corporate sponsor. Come ioin the fun!

The Great Thanksgiving Banquet serves over 700 meals on Thanksgiving Day to individuals who are homeless and to families in need. Many of our guests live on the street

You Can Make an

Impact Serving!

and acutely feel the pain of isolation. Some are single mothers without the resources to prepare a traditional meal. Some cannot afford to purchase ingredients or are living in motels without a kitchen where they can prepare their own food.

Everyone will see your name! Plus, vour team can ioin our hands and feet (260+ volunteers), who make the day a success. And all will see your name as a sponsor.



You Can Make an Impact Decorating!

#### **WANT TO LEARN MORE?**

**Contact Jana Elisio.** at 302-652-8314, x111, ielisio@sundavbreakfastmission.org



### **December 03, 2024**

Giving Tuesday is a global day of giving that is celebrated on Tuesday following Thanksgiving.



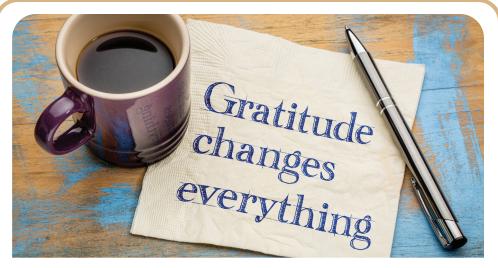
Do you enjoy picking up gifts long before the stores start playing Christmas music, please consider purchasing some gifts for Wilmington's homeless and hurting. Homelessness can be especially sad around the holidays. Especially at Christmas, SBM takes care to ensure those who stay with us feel noticed and appreciated.

#### If you'd like to help, these items are most needed:

- new thermals, especially in larger sizes, for our overnight guests;
- new water-resistant gloves
- new toys & teen gifts for our neighborhood families.

Drop off the new items to the attention of Jana Elisio, Development Office, Sunday Breakfast Mission, 110 N Poplar Street, Wilmington Delaware 19801.





### The Antidote for When You're at Odds

A "thank you" a day keeps the doctor away. The practice of gratitude has a positive effect on our mental and physical wellbeing, including better sleep, mood, and immunity.

That's good news as we head into a season focused on giving thanks. But challenging things accompany this season too. As friends and families gather, passions run deep, emotions run strong, and common ground can feel shaky. Practicing gratitude together may just be the antidote for hard feelings and harsh words. Here's how you can focus on giving thanks and pursuing peace:

**Count your blessings**. Tell stories of joy, the kindness of others, and help received along the way. This puts the spotlight on giving thanks together, not our differences of opinion.

**Get active with your gratitude.** Set an extra place at your Thanksgiving table and invite college students who can't make it home for the holiday. Volunteer at a local nonprofit as a family. Shared purpose shifts our perspective from our differences to the people and causes that truly matter.

**Think forward**. Leaving a gift in your will or estate plan to Sunday Breakfast Mission and other causes close to your heart is a lasting expression of gratitude. The holidays provide a wonderful opportunity to talk about this with your family, reflect together with thankfulness, and move forward in peace and unity.

According to author and teacher Eckhart Tolle, "Acknowledging the good that you already have in your life is the foundation for all abundance." Practicing gratitude together diminishes divisions and amplifies what's good and true.

For the full version of this article, request a FREE copy of "Tensions Rising? How Giving Thanks Brings Peace" by contacting Rev. Tom Laymon at (302) 656-8542, ext. 103 or tlaymon@sundaybreakfastmission.org - Visit sundaybreakfastmission.legacywill.org to bless your family with an up-to-date will.

### **CHECK-BOX OFFERS**

- □ Please send me a FREE copy of your special bulletin "Tensions Rising? How Giving Thanks Brings Peace"
- ☐ Please send me information about including Sunday Breakfast Mission in my will, trust or estate plan

RALLY, continued from page 1

Close to 350 children grades K-8 attended and received backpacks stuffed full of school supplies to get them ready for another school year. Even more importantly this year Sunday Breakfast Mission witnessed 63 children along with



adults respond to the Gospel message shared by Rev. Tom Laymon at the Rally.

Thank you to the many generous individuals, churches, community groups, and businesses that provided the supplies for this event along with several willing volunteers that organized the supplies and packed every backpack and helped at the rally.

Because you gave supplies, volunteered, and prayed ...hundreds of children are going back to school prepared.

Thank you so much for your generosity!

#### FOOD DRIVE, continued from page 1

This year you can help SBM expand its reach even further with the partnership of providing meals to impoverished families. Imagine the excitement and joy of families receiving a message of hope, a 50lb. food box filled with all the trimmings for a Thanksgiving feast and knowing that you were the one who made this possible. This year we are expecting to serve over 1,400 families in need with the addition of serving families in the Collingdale, Pa and Pennsville, NJ area. Your partnership is crucial in meeting this need.



turkeys and all the trimmings for a Thanksgiving feast

#### **LOOK FOR SBM'S GROCERY BAG IN:**

- Delaware Business Times-Oct 15
- Delaware News Journal-Oct 06
- Newark Post & Cecil Whig-Oct 04
- Cape Gazette-Oct 08

You can help impoverished families in New Castle, Kent, Sussex, Collingdale, Pa and Pennsville, NJ this Thanksgiving holiday! Will you share the blessings of Thanksgiving with our homeless, hurting, and hungry neighbors? Host a food drive with your church or group or stop in a WSFS Bank branch and pick up SBM's "I Was Hungry. You Gave Me Food" grocery bag - fill it with the items listed on the back and drop it back off at WSFS bank. Families in need are counting on you this Thanksgiving.

#### SBM COLLECTIONS ITEMS

**Boxed Stuffing Mix Canned Vegetables Canned Soup Gravy Mix Cranberry Sauce** 

Instant Potatoes Mac and Cheese Various Pasta Spaghetti Sauce **Sweet Potatoes** Canned Meats, Various

**Boxed Cereal** Peanut Butter & Jelly Bisquick & Syrup Canned Fruit/Pie Filling Rice

# Sunday Breakfast Mission

Sunday Breakfast Mission serves the homeless, addicted, and impoverished through Christ-centered programs to meet their spiritual, social, and physical needs. Our primary goal is to restore people to right relationships with God, their families, and society.

110 N. Poplar Street Wilmington, DE 19801

P.O. Box 352 Wilmington, DE 19899

(877) 306-4663

sundaybreakfastmission.org

Follow us on:



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Here's my tax-deductible	gift to help Sunday	Breakfast Missi	on bring shelt
autritique moale and life	changing recovery	programs to the	a homalace a

**Sunday Breakfast Mission Donation Form** 

er, nutritious meals and life-changing recovery programs to the homeless and impoverished of greater Wilmington and lower Delaware Valley.

\$25\$50\$150	\$200	\$ Other Amount		
Check Is Enclosed Please Charge My Credit Card				
Card Number		EXP. Date\		
Security Code (On Card Reverse)				
Set me up as a Monthly Donor and Charge my Credit Card				
\$ each month.				
Name		_		
Address				
City	_ST	Zip		
Email				

YOUR GIFT IS TAX DEDUCTIBLE. YOU WILL BE SENT A RECEIPT FOR YOUR RECORDS. PLEASE MAKE CHECK PAYABLE TO SUNDAY BREAKFAST MISSION

To designate your United Way giving to Sunday Breakfast Mission, use United Way code: 9141